

SB WELL Study Visit in Lithuania 17.05. – 20.05.2022

This is the draft program of the study visit to **Lithuania** between the **17. & 20.05.2022**. Please note **that this program is subject to change**.

Program of the Study Visit to Lithuania

Tuesday 17.05.2022:

Time	Activity
15:00 - 18:30	Guest Arrival & Check-In Time to arrive and settle at accommodation places in Karkle (to be specified)
18:30	Getting to know each other session
19:00	Dinner at “Olando kepturė” hotel in Karkle Dinner at the hotel, an official welcome and introduction session
21:30	Time for rest and Good Night

LEAD PARTNER



PARTNERS



1ST DAY 18.05.2022

Time	Activity
8:00	Breakfast at accommodation places
9:00	Transfer by bus to Plateliai town Transfer by a bus to Plateliai town in the Samogitian National Park (Žemaitijos nacionalinis parkas)
10:30	Arrival to Plateliai town Tour in Plateliai: visiting traditional masks' museum, Which linden tree, Plateliai lake. <i>Please make sure to wear comfortable and season-appropriate clothes, since most of the tour will happen in an outdoor area</i>
13:00	Lunch at restaurant in Plateliai (to be specified)
14:00	Transfer by bus and arrival to Abrutis Bee Farm Tour of the farm, the bee production and apitherapy
15:30	Arrival to biodynamic farm „Miško žiedas“ Tour of the biodynamic farm and phytotherapy
17:30	Arrival to rural tourism homestead „lešnalė“ Tour, educational program, spells from herbs.
19:00	Dinner in the homestead „lešnalė“
19:30	Traditional music and dancing in the homestead „lešnalė“ <i>Please make sure to wear comfortable clothes and shoes</i>
20:00	Departure from the homestead „lešnalė“ to Karkle
21:30	Good Night

LEAD PARTNER



PARTNERS



2ND DAY 19.05.2022

Time	Activity
8:00	Breakfast at accommodation places
9:00	Walking from accommodation places to Seaside Regional Park Visitor Center (Pajūrio regioninis parkas)
9:15	Amber catching tour in Visitor Center The tour will be guided by a professional amber catcher – Igoris Osnač
11:10	Transfer by bus to Vinetu Village in Kretingalė
11:30	Arrival to Vinetu Village in Kretingale Tour and presentation of Vinetu Village, drum circle activity. <i>Please make sure to wear comfortable and season-appropriate clothes, since most of the tour and lunch will take place outside.</i>
13:00	Lunch in Vinetu Village Group lunch in the Vinetu village outdoors following Native Americans' traditions
14:00	Transfer by bus to Karkle for visiting wellbeing homestead „Karkelbeck No. 409“
14:30	Time for waking around to enjoy the nature (if weather permits)
15:00	Visiting wellbeing homestead „Karkelbeck No. 409“ Visiting the homestead „Karkelbeck No. 409“ in Karkle, tour of camping and glamping, house, forest bathing activity.
17:30	Time to relax before dinner at „Karkelbeck No. 409“
18:00	Dinner at „Karkelbeck No. 409“
20:00	Good night

Please note that changes may occur

LEAD PARTNER



PARTNERS

